

# Castle Tower School

# school food

Try something new today

[www.schoolfoodni.com](http://www.schoolfoodni.com)

**Bread, Fresh Fruit,  
Yoghurt, Milk and Water  
are available daily.**

If you require any additional information on allergens or special diets please contact the school in the first instance.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Pasta Bolognese with Crusty Bread or Steak Burger in Bap Mashed potatoes Sweetcorn Apple Crumble & Custard	Chicken Curry, Rice & Naan Bread or Margarita Pizza Mashed or Diced Potatoes. Peas Chocolate flavoured Cookie, & Fruit	Chicken, Stuffing, Carrots, Turnip, Mashed & Roast Potatoes & Gravy.  Rice Pudding & Peaches	Chicken Pasta Bake with Crusty Bread or Savory Mince Mashed Potatoes Peas & Sweetcorn  Banana Sponge & Custard	Salmon Bites or Chicken Nuggets. Mashed Potatoes or Chips Beans or Peas  Yoghurt and Fruit
Week Two	Pasta Bolognese or Chicken Pizza. Mashed Potatoes, Sweetcorn  Rice Pudding & Mandarins	Chicken Curry, Rice & Naan Bread or Steak Burger, Diced or Mashed Potato & Green  Chocolate Flavoured sponge, & Custard	Roast Pork Stuffing, Carrots, Broccoli, Mashed & Roast Potatoes & Gravy  Ice-Cream, Jelly & Fruit	Breaded Chicken Fillet or Lasagne with Crusty Bread, Mashed Potatoes & Carrots  Fruit Sponge & Custard	Fish Fingers or Oven baked Sausages. Mashed Potatoes or Chips, Beans or Peas  Yoghurt & Fruit
Week Three	Chicken & Pasta in Creamy Tomato Sauce with Crusty Bread, or Steak Burger in Bap Diced or Mashed Potatoes Peas & Sweetcorn Apple Sponge & Custard	Chicken Curry, Rice & Naan Bread or Margarita Pizza with Mashed Potatoes & Sweetcorn  Popcorn Cookie & Fruit	Chicken, Stuffing, Carrots, Cabbage, Mashed & Roast Potatoes & Gravy  Rice Pudding & Peaches	Irish Stew with Wheaten Bread or Chicken & Pasta Bake with Crusty Bread Peas & Sweetcorn Chocolate Brownie & Custard	Salmon Fishcake or Hot Dog Mashed Potatoes or Chips, Beans or Peas  Yoghurt & Fruit
Week Four	Chicken & Broccoli Bake or BBQ Chicken Pizza Diced or Mashed Potatoes Peas  Flakemeal Cookie & Fruit	Chicken Curry, Rice & Naan Bread or Savoury Mince with Mashed Potatoes Sweetcorn  Apple Crumble & Custard	Roast Beef, Stuffing, Carrots, Broccoli, Mashed & Roast Potatoes & Gravy  Ice-Cream, Fruit & Jelly	Chicken Fillet Burger Mashed Potato or Pasta Bolognese with Crusty Bread Sweetcorn  Rice Pudding & Fruit	Chicken Nuggets or Fish Coddies Mashed Potatoes or Chips Beans or Peas  Yoghurt & Fruit

