

Under the Sea



Sound of the Week – r

- Write the letter on paper, in flour, shaving foam, with paint or in the sensory writing tray detailed below.
- Make the letter using moon sand- <https://youtu.be/ZVTJm36GzCc>
- Look for the letter in books and magazines.
- Look for things that start with the sound the letter makes
- If you have magnetic letters play with those and make words with ‘h’ in them.
- Make words starting and ending with the letter
- Play the game – Hang Man
- Match upper and lowercase letters R - r

Number of the Week – 12

- Look at the number 12 and look for 12 in the environment
- Talk about how number 12 has two digits – 1 and 2
- Write the number 12 using a rainbow of colours
- Build towers of 12 items using junk materials
- Talk about the number before and after
- Count items of that number and make collections – Shells/Stones
- Add numbers together to make 12

Counting using Pegs



You will need:

Paper, Black Pen, Pegs

Draw out some shell shapes on paper and cut out. Write a number between 1 and 20 on each shell. Attach number of pegs to match the number on the shells.

WRITING

Ocean sensory writing tray



How To Make:

Take about 1 cup of fine salt and mix it with a small amount of gel food colouring in a sealed zip loc bag, shaking it and mixing the colour through with your fingers (through the plastic) until it has completely covered it. Do not add any water. Then tip it out into the tray and it should dry very fast and be ready to use within an hour. Alternatively, natural sand can be used. Add pebbles, shells, sea creatures etc for extra effect!

FINE MOTOR SKILLS

Miss Jamie is an Occupational Therapist and shares lots of useful tips for improving motor skills and handwriting skills. Follow her on Facebook. Click on the link for a free handout with lots of useful ideas for improving motor skills.

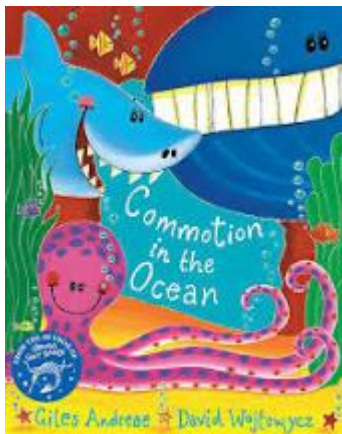
<https://www.facebook.com/MissJaimeOT/posts/2543811735861088>

Matching Activity

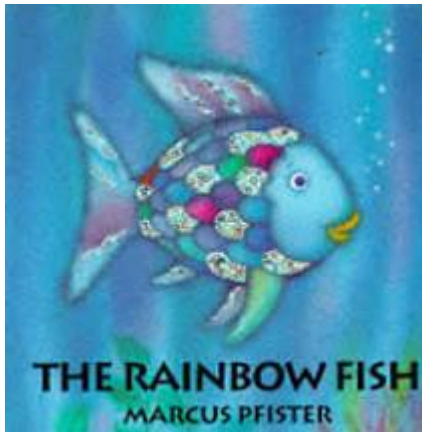


Please visit www.twinkl.com, typing in the search - “Sharing a Shell matching activity” where you can download these and print.

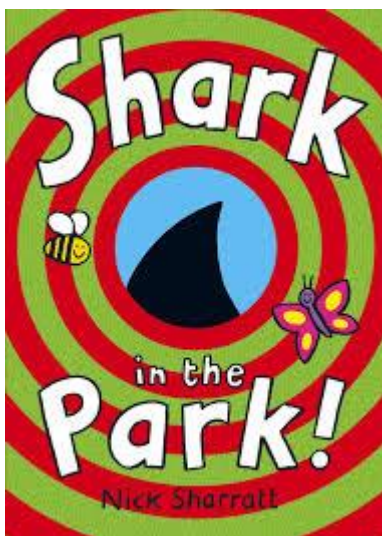
STORIES



<https://www.youtube.com/watch?v=9pRhgz8Jffs>

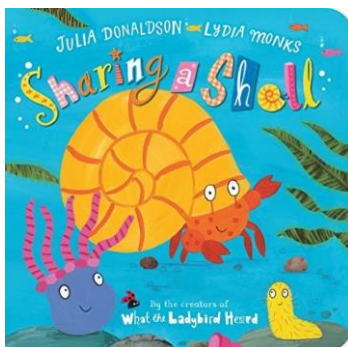


<https://www.youtube.com/watch?v=QFORvXhub28>



<https://www.youtube.com/watch?v=R2RwwAHUAdc>

Sharing a Shell by Julia Donaldson



ARTS & CRAFTS



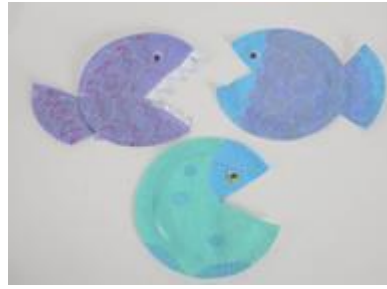
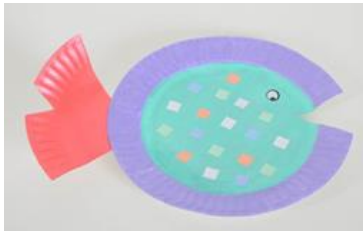
How to Make a Paper Bowl Jellyfish

What you will need:

- [Paper Bowls](#)
- [Pearlescent Paint](#)
- [Wiggly Eyes](#)
- [Ribbons](#)
- [Crepe Paper](#)
- [Glue](#)
- [Cotton String](#)
- [Tape](#)
- [Scissors](#)

Steps:

1. Paint the underside of the paper bowl then leave to dry.
2. Once it's completely dry, glue down some wiggly eyes.
3. Make a hole in the top of the bowl and thread through some cotton or thread to hang the jellyfish up with.
4. Place a strip of double-sided sticky tape along the inside of the bowl.
5. Cut crepe paper into long strips and stick to the double-sided tape.
6. Cut slightly shorter strips of ribbon and stick to the inside edge of the bowl too. Use more tape if needed.
7. Hang the paper bowl jellyfish up using the string and enjoy!



PAPER PLATE FISH CRAFTS

Fish

A wedge can be cut out of the plate to create a mouth and then glued back on the other side to make a tail.



Pipecleaner Fish

It is made by cutting out the centre of paper plate before decorating with metallic paint and pipe cleaners. A head and fins were added using painted cardboard and a tail using folded crepe paper.



Plate Shark

The shark's mouth was made from a paper plate folded in half and cut into teeth shapes around the edge. This was then glued onto another paper plate which was painted with grey metallic paint. Pieces of card were cut into the shape of fins and a tail and stuck on. Finally, this under the sea craft was finished by sticking on some wiggly eyes.

Sharing a Shell - Hermit Crab



You will need:

Paint

Paint Brush

A piece of Card

A paper plate

Glitter/Sequins/Buttons

Glue

- 1 . Make a red hand print on a piece of card and leave to dry
2. Draw a swirl outline on the paper plate. Paint as you wish.
3. Once dry add on sequins/glitter/buttons with Glue
4. Glue on hand to the shell upside down. Add eyes and mouth.



Paper Plate Jellyfish

This paper plate jellyfish was made by painting a paper plate before sticking on crepe paper strips, pipe cleaners and wiggly eyes. The face was drawn on using glitter glue.

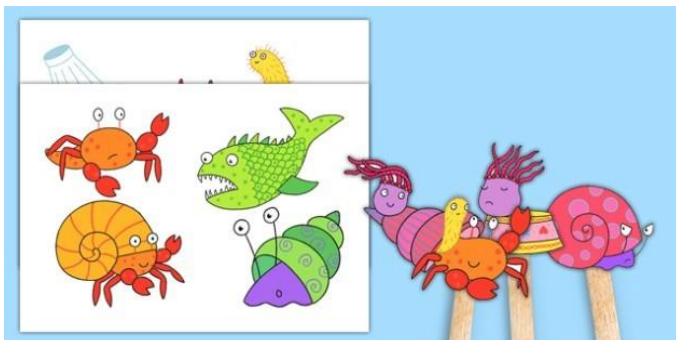


Bubble Wrap Print

Use bubble wrap dipped in ready mix paint to create a textured effect on the paper plate.



Sharing a Shell – Stick Puppets



You will need:

Lollipop sticks

Stick Puppets PDF – www.twinkl.com

Printer

Double sided Tape or glue

Print out the Stick Puppets PDF. Cut out around the shapes and stick on to the lollipop sticks. Use to help tell the story.

SENSORY ACTIVITIES

Ocean sensory tub with frozen rice



Ocean sensory tub with water beads



Cornflour slime

This homemade slime is great to play with as it has unusual properties – it's a cross between a liquid and a solid. In a large shallow container, mix together cornflour and water until you have a slime consistency. If you punch the slime it instantly turns solid, but when you scoop

some up and hold it, it will turn back into a liquid. It's safe if some is eaten and easy to clean up.

Frozen toys

You'll need to prepare this activity a day or two ahead. Find a large plastic box that will fit in your freezer, quarter fill it with water, put some toys in and freeze. Add three more layers, and then turn out your ice block. The children then have to get the toys out of the ice, using a selection of tools (eg spray bottles with warm water in, salt, toy hammers etc). Great to do outside in warmer weather.

Soapy Sea Foam



You will need:

2 tablespoons of washing up liquid

2 tablespoons of warm water

1 tablespoon of cornflour

Squirt of washable blue paint or food colouring

Electric Hand Mixer

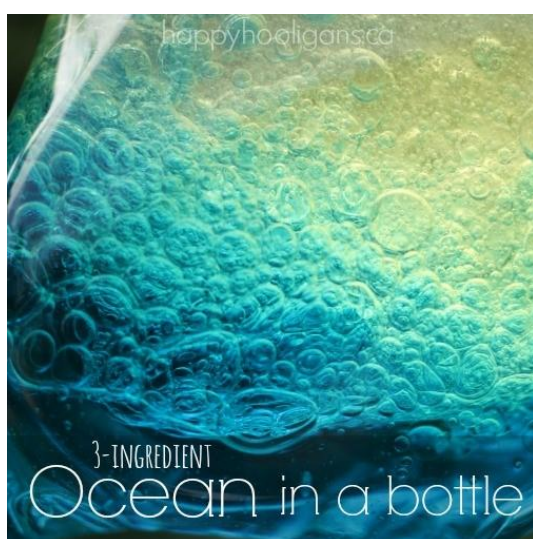
Place all ingredients in large bowl and whisk until it forms stiff peaks. You may need to add additional washing up liquid depending on the type you use.

SMALL WORLD PLAY



How to create - cover the bottom of the tray with fabric scraps in blue colour. Pour some rice over the material to mimic sand. In the sand place some rocks, seashells and driftwood. Add some paper umbrellas -It creates the perfect picnic spot! Add some lego characters / sea creatures.

Ocean Sensory Bottle



You will need:

Clear drinks bottle with lid – washed and take label off

Water

Blue Food Colouring

Vegetable Oil




Duct/strong tape

Fill the bottle 1/3 full of water. Add in food colouring and mix well. Fill up the rest of the bottle with Vegetable Oil. Tape bottle top closed well so children cannot open it.

Shake the bottle and watch the bubbles move.

Frozen Sensory Foam

Follow the pictures to create your own frozen foam under the sea world

1 st -spray shaving foam in a plastic container	2 nd - Add 6 drops of blue food colouring	3rd- Swirl around with a spoon	4 th - Add animals and place in freezer until frozen
			

COOKERY IDEAS

Healthy Sea Turtle Snacks

You will need:

- Green apples
- Green grapes
- Goldfish crackers (optional)
- Mini chocolate chips
- Icing



Slice a green apple in half as well as grapes then lay them on a plate. Put dots of icing and attach the chocolate chips to a whole grape for the turtles head. Make a little grape tail and cover plate with goldfish.

Starfish Sandwiches

You will need:

- Bread (white or brown)
- Butter
- Sandwich filling e.g. ham, cheese, tuna
- Star cutter (optional)



PHYSICAL EDUCATION

Cosmic Kids Yoga- follow these 'You Tube' links and try some 'Under The Sea' themed children's yoga with your child... or if they don't need your support...put your feet up and have a coffee whilst they do it! All yoga sessions are story based and super child friendly.



Using You tube search engine: Saturday Morning Yoga Under the sea
<https://youtu.be/qC83oFEeVZA>



Using You tube search engine: Saturday Morning Yoga Mimi the Mermaid

<https://youtu.be/4MmczGBAjM8?t=1>



(Quick 5 min yoga) Using You tube search engine: Cosmic Kids Yoga SUPER YOGA Underwater Party!

<https://youtu.be/0hvwLdk5D5g>